Dear families,
Welcome to Week 10 of Term 4.

Last week the children really enjoyed Joel’s World of Magic – a real treat for the end of the year. They particularly liked his rabbit, bird and his puppet. Good to just have an hour of fun and laughter.

A reminder about our Carols on Tuesday. They begin at 10am. The P & C will be drawing their Christmas raffle on that morning also. There will also be a stall for you or your child to purchase from after the Carols. I hope to see you there. It is always a lovely morning with all children performing.

I apologise for the change in times re the Certificate assemblies. We sent a note home on Friday but 3-6 is Thursday at 12.30 and K-2 Friday at 10am. This change was unavoidable and was to enable all staff to attend.

Today Primary staff attended Friends for Life training here at school. There are a number of new initiatives we are introducing next year and we have been very fortunate to access the training before the end of the year. Friends for Life is a social skills and resilience building program that is recognised by the World Heath Organisation as an effective means to prevent anxiety for children aged 8-11. Friends for Life also improves a participant’s social skills, ability to focus, confidence, and the ability to relax and regulate emotions. Friends for Life uses the FRIENDS acronym to help children remember the concepts they learn throughout the program.

- **Feelings** (talk about your feelings and care about other people’s feelings)
- **Relax** (do “milkshake” breathing, have some quiet time)
- **I can try!** (we can all try our best)
- **Encourage** (step plans to happy home)
- **Nurture** (quality time together doing fun activities)
- **Don’t forget – be brave!** (practice skills everyday with friends/family)
- **Stay happy**

It is an exciting time of the year with lots happening at school and I am very pleased with the students’ behavior.

Have a good week & as always please contact either the school staff or myself if you have any concerns.

Kind regards,
Jenny Rozynski
Principal

**PBL Corner - Week 10**
This week, students completed their last PBL lesson of the year. The focus of this lesson was **KEEPING IT TOGETHER** and finishing the school year on a positive note. PBL awards were handed out at stage assemblies this week for students who always display SAFE behaviours in the classroom.

**Lost Glasses**
Parents, could you please help us find a pair of lost glasses. If you could check with your child and/or their bag and see if there is a pair which has accidently ended up in your child’s bag, please bring them into the front office.
Found Glasses
We have also had handed in a pair of children’s glasses in metal coloured frames. If your child cannot find their glasses please come to the office, describe the glasses and it may save having to purchase new ones.

P&C Reminder
The P&C Christmas Stall has returned this year to the CPS Carols Concert. Hand-made craft, Christmas gifts, lucky dips and cold drinks are on sale. The funds raised will be for new Lego in the popular CPS Lego room.
Last sales of the Christmas Bonanza Raffle prior to the carols and the winners will be drawn afterwards. For more details please view the Cessnock Public P&C Facebook page.
The P&C members are very grateful for all the support through 2015 and wish all the CPS families a very safe and peaceful Christmas and a Happy New Year.

Hats & Water Bottles
It is now hot weather and water bottles are being used more frequently. Please ensure that they are cleaned out with hot water and refilled with cold water each day. Water bottles which are not cleaned effectively and frequently can develop very nasty stomach bugs and make students ill. The broad brimmed hats required at school must be worn when students are in the playground or they play under the cola area.

Kindergarten Enrolments 2016
Kindergarten enrolments for next year are open and are filling fast. If you or someone you know plans to enroll a child at Cessnock Perfect for 2016, please come in and see our wonderful office staff as soon as possible to obtain the necessary paperwork.

Administering Medication at School
School staff can only administer medication at school which is prescribed by a doctor. The medication bought in must have a pharmacy label attached which identifies the student, the dosage and time of day to be administered. Parents/carers will need to bring the medication to the office and complete the forms required for administering medication.

Breakfast Club
From 8.15 am to 9.15 am located in the building opposite Cooinda, students can have a healthy breakfast for a coin donation. Cereals, scrambled eggs, yoghurt and toast are served by volunteers each weekday. Students also experience social interaction with their peers, use of table manners and develop domestic independence.
If you are interested in volunteering in Breakfast Club please see the front desk for more information.

Term Reminders - Term 4
Week 10
Tuesday 8th – Carols at 10:00am and Meal Deal
Thursday 10th – Volunteers Morning Tea in the Library at 10:00am
Thursday 10th – Class award presentation at 12:30pm for Primary - will include Gold Badges, class certificates and Principal Awards
Friday 11th – Infants class award presentation at 10:00am - will include Gold Badges, class certificates and Principal Awards
Friday 11th – Celebration Day at 12:30pm

Week 11
Monday 14th – Reports Home
Tuesday 15th – Party Day
Wednesday 16th – Red Faces - Last student day for the 2015 year

2016
Term 1
Week 1
Wednesday 27th January – Staff return to school – no students attend. Thursday 28th January – Students return to school.

Week 2
Friday 5th February – Swimming Carnival

Week 3
Wednesday 17th - Launch of The Children’s University
Thursday 18th – School Photo Day

Week 4
Friday 26th – Cross Country

Community News Flyers are available for viewing on the school website.

Thought for the Week: Perfection is not attainable, but if we chase perfection we can catch excellence.
Vince Lombardi