Dear families,
I hope you enjoyed having your children during the break. We were glad to see them return today for what will be another very busy term.
It is the last 8 weeks of primary school for our Year 6 students who begin at Cessnock High Monday Week 9 of term – 30 November.

This term our school has been very fortunate to begin the ‘Got It’ program. ‘Got It!’ is a school-based program that helps teachers and parents understand children's behaviour and emotional reactions. It is designed to support parents and teachers in teaching children how to manage their emotions and problem solve to cope better in all situations. It targets disruptive and challenging behaviours. Today children in K-2 will have brought home a questionnaire for parents to complete.
The girls from the program, Emma & Bree will be in the K-2 playground this Friday morning to help people complete the surveys.
Please send the completed survey back to your child’s classroom teacher before the end of this week or bring it along on Friday. We are very excited to be part of this great program that includes teacher professional learning.
Ultimately it means an early intervention program taught here at school in 2016 while the ‘Got It’ team will work with a select group of students and their families for a 9 week program next year.

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Next week Cessnock Public changes apps to Skoolbag. Instructions (if you need them) are attached to this week’s Perfect Page. For the first few weeks we will be putting notifications on both Apps. Thank you Mr Morgan for organising this.

We received great feedback from the information shared last term on the app and Facebook during the excursions. We endeavor to keep improving communication.

Please also see attached the canteen’s summer menu for the canteen. The menu begins next Monday, 12 October. Thanks go to Mrs Annette Lambkin for her continued hard work in creating such healthy options for our students.

A reminder that all indigenous students in Years 2-6 have been invited to attend an excursion tomorrow to Lake Macquarie Art Gallery. This excursion has no cost to families. Students in the Aboriginal Education group need to meet Mr Cooke outside the front office at 9.15am tomorrow.

Have a good week & as always please contact either the school staff or myself if you have any concerns.

Kind regards,
Jenny Rozynski
Principal

Stage 3 Reading + University = Career Choices

The University of Newcastle’s Aim High Team is in our school running the Careers Through Reading program. University students will lead small reading group sessions and start conversations about lifelong learning and post-school education opportunities. The program is being used to strengthen the existing literacy block already provided in the school. During the five visits students will continue to learn to

- Interact confidently with their peers
- Speak confidently in group discussions
- To listen strategically
- To read with comprehension

The cross-curricular activity-based model for Careers Through Reading aims to strengthen the students’ love of reading whilst linking the importance of reading for positive educational outcomes.

PBL Corner - Week 1

This week’s PBL lesson is a general discussion reminding students about the welfare system, the rewards and consequences. As there will not be stage assemblies this week, PBL awards will not to handed out.
Hats & Water Bottles
It is now hot weather and water bottles are being used more frequently. Please ensure that they are cleaned out with hot water and refilled with cold water each day. Water bottles which are not cleaned effectively and frequently can develop very nasty stomach bugs and make students ill. The broad brimmed hats required at school must be worn when students are in the playground or they play under the cola area.

Year 2 Swimming School
Weeks 4 & 5 are the swimming school for all Year 2 students. This is held at Cessnock Public Baths between 1:45pm and 3:15pm, Monday to Friday.

Multi Sports Day Sponsorship Money
Now is the time for students to collect the sponsorship money and send it to school. The last day to return your forms and money is Friday 9th October.

Kindergarten Enrolments 2016
Kindergarten enrolments for next year are open and are filling fast. If you or someone you know plans to enroll a child at Cessnock Perfect for 2016, please come in and see our wonderful office staff as soon as possible to obtain the necessary paperwork.

Administering Medication at School
School staff can only administer medication at school which is prescribed by a doctor. The medication bought in must have a pharmacy label attached which identifies the student, the dosage and time of day to be administered. Parents/carers will need to bring the medication to the office and complete the forms required for administering of medication.

Breakfast Club
From 8.15 am to 9.15 am located in the building opposite Cooinda, students can have a healthy breakfast for a coin donation. Cereals, scrambled eggs, yoghurt and toast are served by volunteers each weekday. Students also experience social interaction with their peers, use of table manners and develop domestic independence. If you are interested in volunteering in Breakfast club please see the front desk for more information.

Term Reminders:
Term 4
Week 1
Friday 9th October – last for Multi Sports Day Sponsorship money
Friday 9th – Years 5 & 6 Careers through Reading with Newcastle University.

Week 2
Monday 12th October – Cybersafety lesson for Years 4-6
Wednesday 14th October – Dream Cricket Gala Day for K-6K and 3-6C
Friday 16th – NRL Infants Clinic
Friday 16th – Years 5 & 6 Careers through Reading with Newcastle University.

Week 3
Tuesday 20th October – League Tag Gala Day
Wednesday 21st – Kinder Orientation – 9:45-11:00am
Thursday 22nd October – Orientation Day for Year 6 at Cessnock High
Friday 23rd – NRL Infants Clinic
Friday 23rd – Years 5 & 6 Careers through Reading with Newcastle University.

Week 4
Tuesday 27th – Music a Viva Performance
Wednesday 28th – Kinder Orientation – 9:45-11:00am
Thursday 29th – Halloween Disco
Friday 30th – NRL Infants Clinic
Friday 30th – Years 5 & 6 Careers through Reading with Newcastle University.

Week 5
Wednesday 4th – Kinder Orientation and Expo – 9:45-11:00am
Friday 6th – Years 5 & 6 Careers through Reading with Newcastle University.

Week 6
Monday 9th – Principal’s assemblies
Tuesday 10th – Kinder 2016 “Packed Lunch Visit”
Wednesday 11th – GATS Art excursion to “Sculpture in the Vines”

Week 8
Monday 23rd – Presentation Day
Thursday 26th – Year 6 Farewell
Friday 27th – Last Day for Year 6

Week 9
Tuesday 1st – Books in Homes Assembly for K-3

Week 10
Tuesday 8th – Carols

Week 11
Tuesday 15th – Party Day
Wednesday 16th – Red Faces

Community News Flyers are available for viewing on the school website.

Thought for the week: Patience is not simply the ability to wait – it’s how we behave while we’re waiting.
Joyce Meyer